



Rachel Parker

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Compassionate neonatal CNA with six years of experience assisting NICU nurses in caring for premature and high-risk infants. Skilled in feeding support, vital signs monitoring, parental education, and infection prevention. Passionate about creating a nurturing and safe environment for newborns and supporting families during critical early-stage care.

Key Skills

- NICU support
- Parental education and coaching
- Feeding and swaddling assistance
- Infection control and hygiene compliance
- Premature infant monitoring
- Oxygen and temperature regulation

Professional Experience

May 2018 - Present

Neonatal CNA

Boston Children's Hospital, Boston, MA

- Provide hands-on support in a 40-bed Neonatal Intensive Care Unit (NICU), assisting with feeding, swaddling, and vital signs monitoring for premature and high-risk infants
- Educate and support parents in newborn care techniques, increasing parental confidence and discharge preparedness by 25%
- Monitor oxygen levels, temperature regulation, and feeding schedules, ensuring compliance with neonatal care protocols and improving overall infant health outcomes
- Collaborate with NICU nurses and pediatricians to implement individualized care plans for infants with respiratory distress and low birth weight
- Maintain a sterile and infection-free environment by rigorously following NICU sanitation protocols, contributing to a 15% reduction in neonatal infections

June 2016 - April 2018

Certified Nursing Assistant

Massachusetts General Hospital, Boston, MA

- Assisted in postpartum and newborn care, ensuring a smooth transition for infants from delivery to the nursery
- Monitored and recorded newborn vital signs, identifying early warning signs of complications and ensuring timely medical intervention
- Provided emotional support to parents, answering questions and offering guidance on proper infant care practices

Education

Associate of Science (A.S.) in Nursing

Northeastern University, Boston, MA | May 2018

Certifications

- Certified Nursing Assistant (CNA), State of Massachusetts | May 2018
- Neonatal Resuscitation Program (NRP) Certification | October 2019
- Basic Life Support (BLS) Certification | June 2017