



Tina Caldwell

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LinkedIn | Portfolio

Dedicated psychiatric CNA with seven years of experience assisting patients with mental health disorders in hospital and residential settings. Skilled in crisis intervention, patient monitoring, and therapeutic communication.

Key Skills

- Crisis intervention
- Behavioral health monitoring
- Therapeutic communication
- De-escalation techniques
- Group activity facilitation

Professional Experience

● Psychiatric CNA

Washington Behavioral Health Hospital, Seattle, WA | March 2017 - Present

- Monitor and support 20+ psychiatric patients daily, ensuring safety and adherence to treatment plans
- Assist nurses and therapists with de-escalation techniques, reducing incidents of patient self-harm by 25%
- Facilitate therapeutic group activities, improving patient engagement and social skills

● Certified Nursing Assistant

Evergreen Mental Health Center, Seattle, WA | June 2015 - February 2017

- Provided direct care for individuals with schizophrenia, depression, and anxiety disorders
- Documented patient behavior and progress, improving individualized treatment effectiveness

Education

● Associate of Science (A.S.) in Nursing

University of Washington, Seattle, WA | May 2015

Certifications

- Certified Nursing Assistant (CNA), State of Washington | June 2015
- Mental Health First Aid (MHFA) Certification | October 2017