



# Rachel Green

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LinkedIn

## Aspiring Registered Dietitian with a Passion for Nutrition and Patient Wellness

Nutrition and dietetics student with hands-on experience in clinical nutrition, patient counseling, and meal planning. Skilled in dietary assessment, nutritional education, and food service management.

## Key Skills

- Nutritional assessment
- Meal planning & dietary modifications
- Medical nutrition therapy (MNT)
- Patient education & counseling
- Food safety regulations

## Professional Experience

June 2024 - Present

### Dietetic Intern

City General Hospital | City, ST

- Helped develop meal plans for patients with diabetes and cardiovascular conditions
- Provided nutritional counseling to over 30 patients per week, improving adherence to dietary recommendations
- Collaborated with registered dietitians on case studies and research projects

September 2023 - May 2024

### Nutrition Assistant

Community Health Clinic | City, ST

- Led nutrition education workshops for underserved populations, increasing awareness of healthy eating habits
- Conducted dietary assessments and provided recommendations to improve patient health outcomes
- Assisted in food service management, ensuring compliance with safety regulations

## Education

Candidate: Bachelor of Science in Nutrition and Dietetics

University of Florida | Expected May 2025