

Daniel Owens

Psychiatric Nurse

San Diego, CA | (555) 678-9012
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Psychiatric nurse skilled in mental health assessment and crisis intervention

Dedicated psychiatric nurse with six years of experience providing compassionate care to patients with mental health disorders. Skilled in crisis intervention, medication management, and therapeutic communication.

Professional Experience

August 2018 - Present

Psychiatric Registered Nurse

San Diego Behavioral Health Hospital | San Diego, CA

- Conduct mental health assessments and collaborated with psychiatrists to develop treatment plans
- Manage medications for patients with depression, anxiety, and schizophrenia
- Led de-escalation interventions, reducing patient self-harm incidents by 30%

July 2016 - July 2018

Mental Health Nurse

Southern California Mental Health Center | San Diego, CA

- Provided counseling and emotional support to patients experiencing mental health crises
- Assisted in group therapy sessions, promoting patient participation and engagement
- Educated families on mental health disorders and coping strategies

Key Skills

Psychiatric evaluations and risk assessments



Medication management for mental health disorders



Patient and family counseling



Crisis intervention and de-escalation techniques



Cognitive-behavioral therapy (CBT) principles



Education

Bachelor of Science in Nursing (BSN)

San Diego State University | May 2016

Certifications

- Registered Nurse (RN), California Board of Nursing
- Psychiatric-Mental Health Nurse Certification (PMH-BC)