



Emily Cartagena

Clinical Social Worker

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Professional Experience

Clinical social worker

Hope Wellness Center | Chicago, IL June 2019 - Present

- Provide individual and group therapy for clients managing depression, anxiety, and PTSD
- Develop treatment plans tailored to client needs, improving patient outcomes by 30%

Mental health case manager

Bright Futures Therapy | Chicago, IL July 2015 - May 2019

- Managed a caseload of 40+ clients, providing counseling and connecting them with essential community resources
- Led mental health workshops for at-risk youth, increasing program engagement by 20%

Education

Master of Social Work (MSW)

University of Illinois | May 2015

Certifications

- Licensed Clinical Social Worker (LCSW) – Illinois | 2016
- Certified Trauma Specialist | 2018

Licensed clinical social worker (LCSW) focused on mental health therapy and client advocacy

Dedicated clinical social worker with eight years of experience providing mental health counseling, crisis intervention, and care coordination. Skilled in trauma-informed care and cognitive behavioral therapy (CBT). Passionate about supporting individuals in navigating mental health challenges.

Key Skills

Cognitive behavioral therapy (CBT)



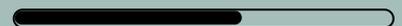
Crisis intervention



Individual and group counseling



Mental health assessments



Trauma-informed care



Case management

