



# Lily Foster

Lifeguard

- **Certified lifeguard with a strong commitment to safety**  
High school student and certified lifeguard with experience ensuring swimmer safety and handling emergency situations.

## PROFESSIONAL EXPERIENCE

- **Lifeguard, San Diego Public Pool, San Diego, CA**  
June 2023 – Present
  - Monitor swimmers and ensure adherence to safety regulations
  - Administer first aid and CPR when necessary
  - Educate swimmers on pool safety and emergency procedures
- **Swim Instructor Assistant, San Diego Swim School, San Diego, CA**  
June 2022 – August 2022
  - Helped teach basic swimming lessons to children
  - Ensured a safe and encouraging learning environment

## CERTIFICATIONS

- CPR and First Aid Certified, American Red Cross

## PERSONAL INFORMATION

-  (555) 789-1234
-  lily.foster@email.com
-  San Diego, CA

## EDUCATION

San Diego High School, San Diego, CA  
Present

## KEY SKILLS

- Water rescue techniques
- CPR and first aid
- Emergency response
- Customer service and communication