

# Reese King

## Retirement Home Cook

### Caring Retirement Home Cook experienced in preparing nutritious meals for older adults

Retirement Home Cook with 8 years of experience providing healthy, appealing meals for seniors. Skilled in soft diets, cultural preferences, and working in close coordination with nursing staff.



### KEY SKILLS

- Aging nutrition guidelines
- Bulk cooking
- Diet order compliance
- Emotional sensitivity
- Meal portioning
- Pureed meal preparation
- Sanitation
- Tray delivery coordination



### EDUCATION

Certificate in Health-Focused Culinary Arts | Colorado Culinary School | Graduated May 2015



### PROFESSIONAL EXPERIENCE

#### Retirement Cook

Oakview Living Center, Denver, CO, | March 2019 – Present

- Prepare three meals and snacks daily for 120 residents across multiple dietary categories
- Coordinate with medical staff to accommodate changes in diet plans
- Maintained food cost tracking to support the monthly budget

#### Kitchen Assistant

Serenity Senior Home, Denver, CO, | July 2015 – February 2019

- Prepared ingredients and maintained cleanliness in the kitchen and serving areas
- Trained in soft and pureed meal techniques