



# Avery Harris

Home Health Aide (HHA)

## Compassionate Home Health Aide providing in-home support and daily living assistance

Home Health Aide with over 8 years of experience supporting elderly and disabled clients in home settings. Skilled in mobility support, personal care, meal prep, and companionship. Trusted by families for reliability, empathy, and professionalism in providing dignified care.

### PERSONAL INFORMATION

 (000) 000-0000

 email@example.com

 LinkedIn

 City, ST

### KEY SKILLS

- ADL assistance
- Bathing and grooming
- Companionship
- Dementia support
- Fall prevention
- Housekeeping
- Medication reminders
- Meal planning and prep
- Patient transfers
- Safety monitoring

### Professional Experience

HOME HEALTH AIDE | BRIGHTPATH HOME SERVICES, BALTIMORE, MD  
JANUARY 2018 - PRESENT

- Support 6 clients weekly with hygiene, mobility, medication reminders, and light housekeeping
- Use gait belts and Hoyer lifts to safely transfer clients with limited mobility
- Noted for maintaining consistent care schedules and building strong client rapport

LIVE-IN CAREGIVER | PRIVATE CLIENT, BALTIMORE, MD  
JUNE 2015 - DECEMBER 2017

- Provided round-the-clock care for an elderly client with early-stage Alzheimer's disease
- Assisted with dressing, meals, errands, and medication reminders
- Maintained household cleanliness and offered companionship

### Education

- High School Diploma  
Western High School, Baltimore, MD | 2014

### Certifications

- Home Health Aide Certification | Maryland Board of Nursing | 2015
- CPR/First Aid | American Heart Association | 2023